

September 2026 Newsletter



Wellbeing Academy

Check out [The Lighthouse Wellbeing Academy's](#) free and accessible mental health and wellbeing training, which includes e-learning and accredited mental health first aid courses to help support your personal wellbeing and equip you with the tools to check-in with your colleagues.

Lighthouse also offers a free & confidential [24/7 helpline](#) that can provide you with support and advice on a wide variety of mental wellbeing issues. Real time chat support is also available [here](#).

Your Admin Support

If you need support with timesheets, hours or for Stonebridge registration, please contact:
Lorena@cavendishprofessionals.com
Kamila@cavendishprofessionals.com

**Please remember to
upload your hours to
Timetemp!**

OPERATIVE OF THE MONTH



Our Operative of the Month initiative is designed to give back and shine a light on our operatives who receive excellent client feedback, maintain a strong relationship with us, or simply do a consistently great job on-site. Congratulations to John and Batatunde for being our Q3 winners!

MEET SHANE & GEAROID

We welcome our new Resourcing Consultants, Shane and Gearoid, to the Construction Division. Shane joins the trades and labour team, and Gearoid joins the White Collar division.



+44 (0) 7834 735092



shane@cavendishprofessionals.com



+44 (0) 7834 735092



gearoid@cavendishprofessionals.com

CP ACADEMY

We offer a range of training programmes for our operatives to benefit your skill development, including:

- Manual handling
- Asbestos awareness
- Face-fit training

Contact Lorena@cavendishprofessionals.com for more information.

News in Construction

The Home Office has published a further revised draft of the Employer's Guide to Right to Work checks - the guidance comes into force on 1 October 2026.

[Click to view our latest Construction Jobs \(Temp & Perm\)](#)



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