

PROFESSIONALS

March 2025 Newsletter



Stress Awareness Month - April 2025

April is Stress Awareness Month, a crucial time to recognise and manage stress, especially in high-pressure industries like construction. The Lighthouse Wellbeing Academy offers free resources, including mental health courses and self-help tools, to support your wellbeing—explore them here. Prioritising mental health not only improves personal wellbeing but also creates a safer, more productive work environment for everyone.

Right to Work in the UK Updates

The Gov extended the validity of the BRPs until June 2025 for travel. For more information, <u>click</u> <u>here.</u>

Your Admin Support

If you need support with timesheets, hours or Stonebridge registration please contact:

Lorena@cavendishprofessionals.com Alexa@cavendishprofessionals.com





MEET LIAM GALWAY

We're excited to welcome Liam Galway as a Labour Manager in our Construction Division!

With years of experience in the construction industry, Liam is looking forward to getting stuck in, helping grow the Trades & Labour team, and supporting both clients and candidates with his expertise.

+44 (0) 7719 064 362



🖄 liam@cavendishprofessionals.com

WIN TICKETS: West Ham v Southampton on Saturday 19th April 2025 - REGISTER NOW

Toolbox Talks

We conduct regular checks on our operatives, provide ongoing support, and hold Toolbox Talks to reinforce best practices.

From 8th to 10th April, Birmingham will host the Health & Safety Event, bringing together industry leaders to promote safer working environments. We are committed to maintaining the highest safety standards, working closely with our clients to ensure a safe workplace for all.





Latest Jobs: Construction Jobs click here Rail Jobs - <u>click here</u>

