



Sept 2025 Newsletter



Mental Health & Wellbeing

This month we marked World Suicide Prevention Day, and with World Mental Health Day ahead, it's a reminder to care for ourselves and support others. Even small conversations matter. For support, visit the [Lighthouse Charity](#).

Digital ID Scheme

The UK Digital ID scheme lets people securely prove their identity on their phone, making right-to-work checks easier – for more info visit [gov.uk](#).

TimeTemp Reminder

Please ensure your hours are logged promptly in TimeTemp. Accurate timesheets help us process everything smoothly and on time, so you get paid without delay.

Your Admin Support

Please remember to upload your hours to Timetemp. If you need support with timesheets, hours or Stonebridge registration, please contact:
Lorena@cavendishprofessionals.com
Alexa@cavendishprofessionals.com

WHAT'S NEW AT CAVENDISH



John Joe and Lorena contributed to Murphy's biannual Food Bank appeal, an initiative dedicated to supporting families in their local community by providing essential food and resources. This effort helps ensure no family goes without the basics they need.

If you are interested in being involved, contact Julie via email: juliespalmer@murphygroup.co.uk



As part of our commitment to supporting one another, we recently held an internal skills workshop focused on positive strategies for mental health in the workplace.

Thank you to Mark for hosting and for sharing practical tips to benefit your mindset both in and out of work.

Key takeaways:

- Prioritise activities that give you purpose
- Build positive working relationships
- Know when to ask for help

FOOTBALL TICKETS

One of our operatives recently attended the Fulham vs Leeds match, where Fulham came away with a 1-0 win. Each month, company tickets are made available for you to win.

Keep an eye on the monthly messages for your chance to get involved. It's a great opportunity to enjoy a day out with family or a friend.

CP ACADEMY

We offer a range of training programmes for our operatives to benefit your skill development, including:

- Manual handling courses
- Asbestos awareness courses
- Working on heights courses

This is just to name a few. Our aim is to prepare you for site as much as we can, so that you have all the skills you need for success! Contact Lorena for more information.



Latest Jobs:

Construction Jobs -

[click here](#)

Temp & Perm



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